Preparation of a manuscript for the ITTF Sports Science Congress 2015
Gil-Dong Hong¹ and Akira Arai²

¹ Department of Electrical Engineering, Hankook University, Seoul, Korea
(Tel : +82-2-000-0000; E-mail: gdhong@hankook.ac.kr)
² Department of Mechanical Engineering, Japan University, Tokyo, Japan
(Tel : +81-3-000-0000; E-mail: aarai@japan.ac.jp)

Abstract: This template provides a sample format of final manuscript for ITTF-SSC 2013. It also provides instructions to authors for completing the final manuscripts which will be included in the CD-ROM Proceeding. First, you must prepare the manuscript of your paper.

Keywords: Selected keywords relevant to the subject.

1. INTRODUCTION
Each paper must be divided into two parts. The first part includes the title, authors’ name, abstract, and keywords. The second part is the main body of the paper.

2. PAPER SIZE AND FORMAT
The size of the manuscript must be A4 and it should be typed in two columns with single spacing and the following margins.

<table>
<thead>
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<th>Margin</th>
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</table>

The number of pages allowed is 2, 4, 6 or 8 pages without extra charge. Submitted papers MUST BE in Microsoft Word Format. NO OTHER FORMATS WILL BE ACCEPTED. The size of the file to be sent electronically should not exceed FIVE megabytes (5 MB), regardless of the number of pages.

3. FONTS AND STYLE
3.1 First part
The first part includes the paper title, authors’ name, abstract, and keywords. All fonts must be in Times New Roman, and the font size of the title, authors’ name, affiliation, phone number, e-mails address, abstract, and keywords are bold 12pt, 11pt, 10pt, 10pt, 10pt, 10pt, and 10pt, respectively.

3.2 Paper body
The second part consisting of the paper body must be edited in the double column format, with each column 80mm width and separated by 10mm. The top-level heading, usually called section, numbered in Arabic numerals, shall appear centered on the column with Times New Roman capital bold 11pt. The numbered level-two heading starts from the left in Times New Roman bold 10pt font. The main text uses Times New Roman 10pt font with single spacing. New paragraphs indent 4mm on the first line.

4. FIGURES, TABLES, AND EQUATIONS
4.1 Figures and tables
All figures and tables should be placed after their first mention in the text. Large figures and tables may span across both columns. Scanned images (e.g., line art, photos) can be used if the output resolution is at least 600 dpi.

Fig. 1 The caption should be placed after the figure.

Figure captions should be below the figures; table captions should be above the tables. They should be referred to in the text as, for example, Fig. 1, or Figs. 1~3.

Table 1 The caption should be placed before the table.

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4.2 Equations
Equation numbers should be Arabic numerals enclosed in parentheses on the right-hand margin. They should be cited in the text as, for example, Eq. (1), or Eqs. (1) ~ (3). Equations start from the left on the column. Punctuate equations with commas or periods when they are part of a sentence. For example,

\[ \dot{x} = Ax + Bu, \quad (1) \]
\[ y = Cx + Du. \quad (2) \]

where \( x \) is the state vector.

4.3 References
References should appear in a separate bibliography.
at the end of the paper, with items referred to by numerals in square brackets [1, 4-5]. Times New Roman 10pt is used for references.

5. PAGE NUMBERS
Don’t put page number in the manuscript in Word.

REFERENCES


[4]